

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# January 2021

## Independent Living Events

10:30 Chair Exercise: Strength **1**

HAPPY New Year  
New Year's Day

**2**

Happy Birthday  
Ms. Jean Lawson!

11:00 Sunday Morning Worship **3**

10:00 Activity Surveys Distributed **4**

2:00 Hallway Bingo

10:30 Chair Exercise: Balance **5**

3:00 Trivia in the Library

10:00 Coffee & Conversation **6**

4:00 Nature Documentary: Dancing with the Birds (Library)

Bible Study with Chaplain Commer **7**

3:00 Guided Meditation Class (Library)

Weekly Newsletter Delivered **8**

10:30 Chair Exercise: Strength

4:00 Ice Cream Sandwiches in the Library

**9**

11:00 Sunday Morning Worship **10**

Happy Birthday  
Mr. Wayne Vickery!

Share your best travel story! **11**

2:00 Hallway Bingo

4:00 Making Cards for Health Care Residents

10:30 Chair Exercise: Balance **12**

2:00 Scenic Drive

10:00 Coffee & Conversation **13**

3:30 Find out your Enneagram Personality Type! (Library)

Bible Study with Chaplain Commer **14**

Painting Class  
2:00 & 4:00  
You must sign up, we cannot exceed the number on the sign up sheet.

Weekly Newsletter Delivered **15**

10:30 Chair Exercise: Strength

4:00 Show and Tell in the Library

**16**

11:00 Sunday Morning Worship **17**

2:00 Hallway Bingo **18**

4:00 Watching the "I have a Dream" speech (Library)

Martin Luther King Day

10:30 Chair Exercise: Balance **19**

3:00 Music Bingo (Library)

10:00 Coffee & Conversation **20**

4:00 Writing a story together! (Library)

Bible Study with Chaplain Commer **21**

2:00 & 4:00 Making Beads out of Paper

Weekly Newsletter Delivered **22**

10:30 Chair Exercise: Strength

3:00 Book Club

**23**

11:00 Sunday Morning Worship **24**

Happy Birthday  
Mrs. Ann Vickery!

Activity Professionals Week

**25**

2:00 Hallway Bingo

4:00 Men's Club – Indoor Horse Shoe Game

10:30 Chair Exercise: Balance **26**

4:00 Corn hole in the Library

Happy Birthday  
Ms. Eunice Davis!  
Australia Day (observed)

10:00 Coffee & Conversation **27**

4:00 Start Seedlings (Library)

Happy Birthday  
Mr. Oz West!

Bible Study with Chaplain Commer **28**

2:00 & 4:00 Making Confetti Decorated Cups

Weekly Newsletter Delivered **29**

10:30 Chair Exercise: Strength

3:00 Painting Nails together in the Library

**30**

11:00 Sunday Morning Worship **31**

“Write it on your heart that every day is the best day in the year.”  
—Ralph Waldo Emerson